

CALLERLAB BASIC and MAINSTREAM PROGRAMS

Approved September 3, 2015

Basic Program - Part 1	Basic Program - Part 2	Mainstream Program
<ol style="list-style-type: none"> 1. Circle Left / Circle Right 2. Forward and Back 3. Dosado / <i>Dosado to a Wave</i> 4. Swing 5. Promenade Family <ol style="list-style-type: none"> a. Couples (Full, 1/2, 3/4) b. Single File Promenade c. <i>Wrong Way Promenade</i> d. <i>Star Promenade</i> 6. Allemande Left 7. Arm Turns 8. Right and Left Grand Family <ol style="list-style-type: none"> a. Right and Left Grand b. Weave the Ring c. <i>Wrong Way Grand</i> 9. Left-Hand Star / Right-Hand Star 10. Pass Thru 11. Half Sashay Family <ol style="list-style-type: none"> a. Half Sashay b. Rollaway c. Ladies In, Men Sashay 12. Turn Back Family <ol style="list-style-type: none"> a. U-Turn Back b. Backtrack 13. Separate <ol style="list-style-type: none"> a. Around 1 or 2 to a Line b. Around 1 or 2 and Come Into the Middle 14. Split Two 15. Courtesy Turn 16. Ladies Chain Family <ol style="list-style-type: none"> a. Two Ladies Chain (Reg. & 3/4) b. Four Ladies Chain (Reg. & 3/4) c. <i>Chain Down the Line</i> 17. Do Paso 18. Lead Right 19. Veer Left / Veer Right <ol style="list-style-type: none"> *16 c. <i>Chain Down the Line</i> 20. Bend the Line 21. Circulate Family <ol style="list-style-type: none"> a. (Named Dancers) Circulate b. Couples Circulate c. <i>All Eight Circulate</i> d. <i>Single File Circulate</i> e. <i>Split/Box Circulate</i> 22. Right and Left Thru 23. Grand Square 24. Star Thru 25. California Twirl 26. Walk Around the Corner 27. See Saw 28. Square Thru (1, 2, 3, 4) / Left Square Thru (1, 2, 3, 4) 29. Circle to a Line 30. Dive Thru 	<ol style="list-style-type: none"> 31. Wheel Around 32. Thar Family <ol style="list-style-type: none"> a. Allemande Thar b. Allemande Left to an Allemande Thar c. <i>Wrong Way Thar</i> 33. Slip the Clutch 34. Shoot the Star / Shoot the Star Full Around 35. Box the Gnat <ol style="list-style-type: none"> *8 c. <i>Wrong Way Grand</i> 36. Trade Family <ol style="list-style-type: none"> a. (Named Dancers) Trade b. Couples Trade c. Partner Trade 37. Ocean Wave Family <ol style="list-style-type: none"> a. Step to a Wave b. Balance <ol style="list-style-type: none"> *21 c. <i>All Eight Circulate</i> 38. Alamo Style 39. Swing Thru / <i>Left Swing Thru</i> 40. Run / <i>Cross Run</i> 41. Pass the Ocean 42. Extend 43. Wheel and Deal 44. Double Pass Thru 45. First Couple Go Left/Right, Next Couple Go Left/Right 46. Zoom 47. Flutterwheel / <i>Reverse Flutterwheel</i> 48. Sweep a Quarter 49. Trade By 50. Touch 1/4 <ol style="list-style-type: none"> *21 d. <i>Single File Circulate</i> *21 e. <i>Split/Box Circulate</i> 51. Ferris Wheel 	<ol style="list-style-type: none"> 52. Cloverleaf 53. Turn Thru 54. Eight Chain Thru / Eight Chain 1, 2, 3, Etc. 55. Pass to the Center 56. Single Hinge / Couples Hinge 57. Centers In 58. Cast Off 3/4 59. Spin the Top 60. Walk and Dodge 61. Slide Thru 62. Fold / <i>Cross Fold</i> 63. Dixie Style to an Ocean Wave 64. Spin Chain Thru 65. Tag the Line (In/Out/Left/Right) 66. Half Tag 67. Scoot Back 68. Recycle (From a Wave Only)
		<p>Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through or workshopped first.</p>
	<p><u>NOTE TO DANCE PROGRAMMERS</u></p> <p>There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.</p> <p>These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.</p>	<p>* Suggested Teaching Order. Calls in <i>italics</i> may be deferred until later in the teaching sequence. Recommended placement of some of these calls has been indicated with an asterisk.</p> <p>CALLERLAB recommends that the BASIC and MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program.</p>