

ARE YOU UP FOR THE CHALLENGE TO TRY SOMETHING NEW?



SQUARE DANCE CLUB

2019 - 2020 FAST TRACK & MAINSTREAM SQUARE DANCE PROGRAM

COUNTRY SUNSHINERS SQUARE DANCE CLUB 2019- 2020 FAST TRACK & MAINSTREAM DANCE SCHEDULES		
DATE	2019 – 2020 DANCE EVENTS	CALLER
Friday - Sept. 13	Fast Track Program (Full Session) (1)	Murray Few
Friday - Sept. 20	Fast Track Program (Full Session) (2)	Murray Few
Saturday - Sept. 21	Fast Track Program (Full Session) (3)	Murray Few
Friday - Sept. 27	Fast Track Program & MS dancing (4)	Caller
Friday - Oct. 4	Fast Track Program & MS dancing (5)	Murray Few
Saturday - Oct. 5	Fast Track Program (Full Session) (6)	Murray Few
Friday - Oct. 11	Fast Track Program & MS dancing (7)	Murray Few
Friday - Oct. 18	Fast Track Program & MS Dancing (8)	Murray Few
Saturday - Oct. 19	Fast Track Program (Full Session) (9)	Murray Few
Friday - Oct. 25	Fast Track & Special Mainstream Dance (10)-Halloween Hoot	Murray Few
Friday - Nov. 1	Fast Track Program & MS Dancing (11)	Murray Few
Saturday - Nov. 2	Fast Track Program (Full Session) (12)	Murray Few
Friday - Nov. 8	Fast Track Program & MS Dancing (13)	Murray Few
Friday - Nov. 15	Fast Track & Special Mainstream Dance (14)-Western Night	Murray Few
Saturday - Nov. 16	Fast Track Program (Full Session) (15)	Murray Few
Friday - Nov. 22	Fast Track Program & MS Dancing (16)	Caller
Friday - Nov. 29	Fast Track Program & MS Dancing (17)	Caller
Saturday - Nov. 30	Fast Track Program (Full Session) (18)	Caller
Friday - Dec. 6	Fast Track Program & MS Dancing (19)	Murray Few
Friday - Dec. 13	CHRISTMAS PARTY - Fast Track Program & MS Dancing	Murray Few
DATE	2020 DANCE EVENTS	CALLER
Friday - Jan. 3	Fast Track Program & MS Dancing (20)	Murray Few
Saturday - Jan. 4	Fast Track Program Review (Full Session) (21)	Murray Few
Friday - Jan. 10	Fast Track Program Graduation	Murray Few

Our Fast Track Program includes:

2 Friday (3 hour) sessions from 7:00 – 10:00 pm and 12 Friday evening (1.5 hour) sessions from 7:00 – 8:30 pm = 24 hours
7 Saturday (3.0 hour) sessions from 9:30 am – 12:30 pm = 21 hours

Total hours of instruction and practice time in our Fast Track program is 45 hours

***Note:** At the end of our Fast Track program, as a beginner square dance, you will have learned and practiced the 51 moves associated with Basic Square Dancing program. During the remainder of our square dancing season, from January – April you will be introduced and will practice the remaining 17 moves that are part of the Mainstream square dance program.*

Come for the **FITNESS**, stay for the **Fun and Friendships**

(Over)

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REGISTRATION FORM

THE 45 HOUR FAST TRACK PROGRAM COST IS

\$175.00 PER PERSON

Name(s):

Address: Postal Code:

City:

Home Telephone No.: Cell Number:

Email address:

Have you Square Danced before? Yes No

Why are you interested in Square Dancing at this time?

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**Fast Track Program is held at the Duggan Community League Hall
on 3728 – 106 Street**

The Fast Track program Schedule and Registration Form are available on the
Country Sunshiners website indicated below.

Email your completed Registration Form or if you have any questions to stephenduf@me.com

The program Registration Fees will be collected at the first session on **Friday - September 13**

Check out the Country Sunshiners Square Dance Club website at:

<http://www.countrysunshiners.com>

*Come for the **Fitness**, Stay for the **Fun** and **Friendships***