

# ARE YOU UP FOR THE CHALLENGE TO TRY SOMETHING NEW?



SQUARE DANCE CLUB

## 2018 FAST TRACK & MAINSTREAM SQUARE DANCE PROGRAM

DATE	2018 DANCE EVENTS	CALLER
Friday - Sept. 14	Fast Track Program (1) Full Session at 7:00 pm	Murray Few
Friday - Sept. 21	Fast Track Program (2) (Full Session) at 7:00 pm	Murray Few
<b>Saturday - Sept. 22</b>	<b>Fast Track Program (3) (Full Session) at 9:30 am</b>	Murray Few
Friday - Sept. 28	Fast Track Program & MS dancing (4) at 7:00 pm	Murray Few
Friday - Oct. 5	Fast Track Program & MS dancing (5) at 7:00 pm	Murray Few
Friday - Oct. 12	Fast Track Program & MS dancing (6) at 7:00 pm	Murray Few
<b>Saturday - Oct. 13</b>	<b>Fast Track Program (7) (Full Session) at 9:30 am</b>	Murray Few
Friday - Oct. 19	Fast Track Program & MS Dancing (8) at 7:00 pm	Murray Few
<b>Friday - Oct. 26</b>	<b>FT Program &amp; Mainstream Dancing (9) – Halloween Hoot</b>	Murray Few
Friday - Nov. 2	Fast Track Program & MS Dancing (10) at 7:00 pm	Murray Few
<b>Saturday - Nov. 3</b>	<b>Fast Track Program (11) (Full Session) at 9:30 am</b>	Murray Few
Friday - Nov. 9	Fast Track Program & MS Dancing (12) at 7:00 pm	Murray Few
<b>Friday - Nov. 16</b>	<b>FT Program &amp; Mainstream Dancing (13) - Western Night</b>	Murray Few
Friday - Nov. 23	Fast Track Program & MS Dancing (14) at 7:00 pm	Murray Few
Friday - Nov. 30	Fast Track Program & MS Dancing (15) at 7:00 pm	Murray Few
<b>Saturday - Dec. 1</b>	<b>Fast Track Program (16) (Full Session) at 9:30 am</b>	Murray Few
Friday - Dec. 7	<b>Fast Track Graduation (17) &amp; MS Dancing at 7:00 pm</b>	Murray Few
<b>Friday - Dec. 14</b>	<b>CSSDC Christmas Dinner at 6:00 pm Mainstream Dance at 7:30 pm.</b>	<b>Murray Few</b>
DATE	2019 DANCE EVENTS	CALLER
<b>Friday - Jan. 4</b>	<b>Fast Track Review (18) (Full Session) at 7:00 pm</b>	Murray Few

### Our Fast Track Program includes:

3 Friday (3.0 hour) sessions from 7:00 – 10:00 pm and 11 Friday evening (1.5 hour) sessions from 7:00 – 8:30 pm = 25.5 hours

4 Saturday full (3.0 hour) sessions from 9:30 am – 12:30 pm = 12.0 hours

**Total hours of instruction and practice time in our Fast Track program is 37.5 hours.**

**Note:** At the end of our Fast Track program, as a beginner square dance, you will have learned and practiced the 51 moves associated with Basic Square Dancing program. During the remainder of our square dancing season, from January – April you will be introduced and will practice the remaining 17 moves that are part of the Mainstream square dance program.

**Fast Track Program is held at the Duggan Community League Hall on 3728 – 106 Street.**

**FAST TRACK PROGRAM COST IS:**

**\$175.00 PER PERSON**

(Over)

Come for the **FITNESS**, stay for the **Fun and Friendships**

**ARE YOU UP FOR THE CHALLENGE TO TRY SOMETHING NEW?**

**FAST TRACK - MAINSTREAM SQUARE DANCE PROGRAM**

# **REGISTRATION FORM**

**FAST TRACK PROGRAM COST IS**

**\$175.00 PER PERSON**

Name(s): .....

Address: ..... Postal Code: .....

City: .....

Home Telephone No.: ..... Cell Number: .....

Email address: .....

Have you Square Danced before? ..... Yes ..... No

Why are you interested in Square Dancing at this time?

.....

The Fast Track program Schedule and Registration Form are available on the Country Sunshiners website indicate below.

Email your completed Registration Form or if you have any questions to [stephenduf@me.com](mailto:stephenduf@me.com)

The program Registration Fees will be collected at the first session on **Friday - September 14**

Check out the Country Sunshiners Square Dance Club website at:

**<http://www.countrysunshiners.com>**

*Come for the **Fitness**, Stay for the **Fun** and **Friendships***